

CATARRH IS STAGNATION PERUNA IS INVIGORATION

Catarrh means inflammation. Inflammation is the stagnation of blood—the gorging of the circulation with impure blood. Of course you can't be well under this condition. It means, headaches, indigestion, kidney trouble, coughs, colds, etc.

Peruna By assisting nutrition increases the circulation, invigorates the system, removes the waste matter and brightens you up.

Over 44 Years
Of service to the public entitles it to a place with you.

It Makes Good
The Peruna Company Columbus, Ohio
You can get Peruna in tablet form for convenience.

War Spares the De Reszkes.

Jean de Reszke has written to a friend in this city he has news from his native Poland to the effect that his properties have not suffered very much from the war and in their province complete calm reigns. He says that while his brother Edward has suffered from rheumatism he is now beginning to mend. He also wishes to thank his American friends for their interest and sympathy, and adds that he has resumed his teaching of singing in Paris.

Not His Fault.

"How long did you work in your last place?"
"Three months."
"Only three months? Then you were not able to hold down your job?"
"No, sir."
"I thought as much."
"I was working in a powder mill. Several tons of powder exploded under my job."

Enforcement.

"Peace on earth" is my motto."
"It's a good motto. But good mottoes are as hard to enforce as good laws."

People who pay compliments never wait for the bill collector to call.

Stop That Ache!

Don't worry along with a bad back. Get rid of it. It's a sign you haven't taken care of yourself—haven't had enough air, exercise and sleep. Probably this has upset your kidneys. Get back to sensible habits, and give the kidneys help. Then, if it's kidney backache, the dizziness, lameness and tiredness will disappear. Use Doan's Kidney Pills—the best recommended kidney remedy.

A South Carolina Case

Mrs. M. E. Hadlock, 165 Middleton St., Orangeburg, S. C., says: "I had spells of backache for months. When I sat down my back got so lame that I could hardly get up. I had rheumatism pains and my kidneys didn't act right. Doan's Kidney Pills have greatly relieved these ailments and I know they can be depended on."

Get Doan's at Any Store, 50c a Box
DOAN'S KIDNEY PILLS
FOSTER-MILBURN CO., BUFFALO, N. Y.

The Snuff That's Clean



We take a special pride in the sanitary condition of our factory, that's why **Tube Rose Snuff** is noted for its purity. And then, too, it's smooth as silk, and has the soft, mellow flavor that only comes from really good tobacco, skillfully cured and prepared.

The Green Labels are Good For Premiums.

If your dealer won't supply you, send us 60c for 12 big tins of Tube Rose Snuff.

Brown & Williamson Tobacco Company, Dept. L.
WINSTON-SALEM, N. C.

SUMTER DECIDES TO BUILD NEW JAIL

REPLACE OLD JAIL WITH ADEQUATE AND UP-TO-DATE SANITARY PRISON.

WILL COST ABOUT \$25,000

State Charities and Corrections Body Makes Suggestions to Board Which Takes Forward Step.

Sumter.—Sumter county's inadequate and unsanitary jail is to be replaced by a new jail to cost about \$25,000 and built in conformity with modern humanitarian ideas about the housing of prisoners. The present jail was considered one of the worst in the state by the secretaries of the state board of charities and corrections on account of structural defects in it precluding the possibility of keeping it in a sanitary condition and of classifying the prisoners. The state board of charities and corrections recommended last August the erection of a new jail. The local committee of visitors appointed by the board in Sumter county has co-operated with the county commissioners and the legislative delegation to get the recommendation put into effect.

The members of the delegation to the general assembly, the county commissioners, the members of the grand jury and the members of the local committee of visitors for the state board of charities and corrections held a joint meeting, which was attended by Albert S. Johnstone, secretary of the board. At this meeting a motion made by David S. Moise, representative from Sumter, providing for the necessary legislation for a new jail, was unanimously carried. The motion contained the provision that the new jail will be erected on the present site of the old jail.

Leaves Problem for Legislature.

Spartanburg.—Judge Thomas S. Seaso declined to appoint a receiver for the Union county dispensary and signed an order dismissing the temporary receiver named by him on December 30. He holds that there can be no administration of the affairs of the Union dispensary until the legislature acts in the matter, and therefore restores the situation as it was before the matter was brought to his attention by a representative of the city of Union, who asked for a receiver to wind up the affairs of the institution.

He says the board of control may have shown bad judgment in purchasing such a large stock of liquor on the eve of the closing of the institution, but its administration of the affairs of the dispensary has not been such as to warrant any interference with the situation. This means that the disposal of the liquor now on hand in the several county dispensaries will be left entirely with the legislature. No provision was made for handling the supplies on hand at the time the dispensaries were closed so the question is one that will have to be decided by the legislature.

Tells of Night Schools.

Sumter.—Miss Wil Lou Gray, school supervisor of Laurens county, made a very interesting talk before the Sumter county School Trustees association on what had been done in the night schools of Laurens county. She told of her experiences in the establishment of the night schools and gave a great deal of advice which will prove valuable in the establishment of night schools for illiterate men and women in this county, which the county superintendent and school trustees are endeavoring to do.

Trown From Wagon—Killed.

Gaffney.—James T. Burgess, a prominent farmer of the Maud section of Cherokee county, lost his life near Gaffney, when the mules he was driving ran away, throwing him from his wagon and breaking his neck. He was about 60 years of age and leaves a wife and seven children.

For Improved Highways.

Sumter.—The establishment of a state highway commission and the erection of a bridge across the Santee river were unanimously endorsed by citizens at a meeting of the Sumter county board of commissioners, the county legislative delegation, representatives from Charleston and Clarendon counties and other officials from Sumter and Clarendon counties. The matter was discussed at length and finally brought to a head by a resolution, as stated above, offered by E. I. Reardon.

Roads Discussed in York.

York.—A lengthy discussion of road laws and the best way to work roads occupied the entire attention of the joint meeting held here by the York county delegation to the South Carolina general assembly and the York county commissioners. All members of the legislative delegation were in attendance—Senator J. E. Ream, guard of Clover and Representatives Bradford, Cherry, Lesslie and Nunn. Nearly all the township commissioners were in attendance and participated in the discussion of the various topics.

FRUIT LAXATIVE FOR SICK CHILD

"California Syrup of Figs" can't harm tender stomach, liver and bowels.

Every mother realizes, after giving her children "California Syrup of Figs" that this is their ideal laxative, because they love its pleasant taste and it thoroughly cleanses the tender little stomach, liver and bowels without griping.

When cross, irritable, feverish, or breath is bad, stomach sour, look at the tongue, mother! If coated, give a teaspoonful of this harmless "fruit laxative," and in a few hours all the foul, constipated waste, sour bile and undigested food passes out of the bowels, and you have a well, playful child again. When its little system is full of cold, throat sore, has stomach-ache, diarrhoea, indigestion, colic—remember, a good "inside cleaning" should always be the first treatment given.

Millions of mothers keep "California Syrup of Figs" handy; they know a teaspoonful today saves a sick child tomorrow. Ask at the store for a 50-cent bottle of "California Syrup of Figs," which has directions for babies, children of all ages and grown-ups printed on the bottle. Adv.

Literal.

"I hear the newly-weds had a falling out yesterday."
"So soon? What was it about?"
"About the turn in the road yonder. Their rear tire blew up."

ALWAYS LOOK YOUR BEST

As to Your Hair and Skin by Using Cuticura. Trial Free.

The Soap to cleanse and purify, the Ointment to soothe and heal. These fragrant, super-creamy emollients preserve the natural purity and beauty of the skin under conditions which, if neglected, tend to produce a state of irritation and disfigurement.

Free sample each by mail with Book. Address postcard, Cuticura, Dept. L, Boston. Sold everywhere.—Adv.

Proved.

"One-eyed" Winston was a negro preacher in Virginia, and his ideas of theology and human nature were often very original. A gentleman thus accosted the old preacher one Sunday: "Winston, I understand you believe every woman has seven devils. Now, how can you prove it?"

"Well, sah, did you eber read in de Bible how de seven devils were cast out Mary Magdalene?"

"Oh, yes, I've heard of that."

"Did you eber hear of 'em being cast out any other woman, sah?"

"No, I never did."

"Well, den, de udders still got 'em yet."

Lord Byron an Idol in Greece.

There is at least one Englishman for whom Greek affection has never wavered—Lord Byron. Not only is he commemorated in Greece by statues and street names, but his portrait is to be found everywhere, even in the most unlikely places. W. Miller, in his "Greek Life in Town and Country," tells how he came upon a portrait of the poet in a provincial restaurant. The moment he took notice of it "the proprietor, a stout, prosaic-looking man, whom no one would have suspected of sentiment, stepped toward the picture, clasped his hands in pathetic gesture, and with a far-away look in his eyes, stood for a time in rapt admiration of the great Philhellene."

PUZZLED

Hard, Sometimes, to Raise Children.

Children's taste is oftentimes more accurate, in selecting the right kind of food to fit the body, than that of adults. Nature works more accurately through the children.

A Brooklyn lady says: "Our little boy had long been troubled with weak digestion. We could never persuade him to take more than one taste of any kind of cereal food. He was a weak little chap and we were puzzled to know what to feed him on."

"One lucky day we tried Grape-Nuts. Well, you never saw a child eat with such a relish, and it did me good to see him. From that day on it seemed as though we could almost see him grow. He would eat Grape-Nuts for breakfast and supper, and I think he would have liked the food for dinner."

"The difference in his appearance is something wonderful."

"My husband had never fancied cereal foods of any kind, but he became very fond of Grape-Nuts and has been much improved in health since using it."

"We are now a healthy family and naturally believe in Grape-Nuts."

"A friend has two children who were formerly afflicted with rickets. I was satisfied that the disease was caused by lack of proper nourishment. The children showed it. So I urged her to use Grape-Nuts as an experiment and the result was almost magical."

"They continued the food and today both children are as well and strong as any children in this city, and, of course, my friend is a firm believer in Grape-Nuts, for she has the evidence before her eyes every day."

Name given by Postum Co., Battle Creek, Mich.

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

LIVESTOCK MEN MEETING

Federal Department Sends Specialists to Meeting at Columbia to Lead in Discussions

Columbia.—Timeliness characterizes all of the papers appointed to be read and discussed at the 14th annual meeting of the South Carolina Live Stock association, in Columbia, Wednesday and Thursday, January 12 and 13.

"Come with a great many questions to ask and be sure you get answers before you leave," says the call. "The association has made a long, hard fight for more and better live stock. The fight has not been made in vain, but there is still much to be fought for. The time is here for some real work and every member is called on to come to the aid of the association."

Following is the program:
Wednesday, January 12, noon—President's annual address, G. Y. Hunter, Prosperity; "The Dairy Cow vs. the Bull Weevil," B. H. Rawl, chief of the dairy division, bureau of animal industry, United States department of agriculture.

Wednesday, 2:30 p. m.—"The Railroad and Live Stock," E. C. Gatewood, resident representative of Fairfax Harrison, president of the Southern railway; "How Live Stock Has Helped to Overcome the Ravages of the Bull Weevil in Louisiana," W. R. Dodson, director of the Louisiana experiment station, Baton Rouge; general discussion.

Wednesday, 8 p. m.—"Diversification of Agriculture in the Cotton Belt," W. J. Spillman, United States department of agriculture; "Live Stock as a Basis of Credit," W. R. Dodson; general discussion.

Thursday, 10 a. m.—"A Plan to Handle Beef Cattle in South Carolina," S. H. Ray, United States department of agriculture; discussion, L. I. Gulon, Lugoff; "The Cattle Tick War in South Carolina and the Prospect of Victory," W. K. Lewis, inspector, United States department of agriculture; general discussion; business session.

Sumter Farmers Hear Long.

Sumter.—At a meeting of farmers and business men in the court house Dr. W. W. Long, head of the farm extension work in this state, was the chief speaker. Dr. Long made an interesting talk on how the farmers might make and save their own fertilizers now that the price of commercial fertilizers was beyond reach of most farmers.

He stated that there were four things that the farmers must learn before the South could become prosperous under present conditions: The farmer must learn to grow crops without the use of commercial fertilizers; a proper system of marketing must be devised; there must be development in the live stock industry in preparation for the coming of the boll weevil and agriculture must be taught in the rural schools by trained agriculturists.

Hydrick For Supreme Court.

Spartanburg.—Judge D. E. Hydrick of the supreme bench of South Carolina will in all probability be presented for appointment to the United States supreme bench as successor to John M. Justice Lamar of Georgia, according to information gained here. Judge Hydrick's residence is in Spartanburg and he has been a member of the supreme court for the last five years. It is understood that the Spartanburg delegation to the legislature will support him for that position and the opinion is expressed that he will have the indorsement of the senate and house and the South Carolina delegation in congress.

Mission Board Meets in Greenwood.

Greenwood.—The board of missions of the Upper South Carolina conference met in Greenwood. The following members, including four of the presiding elders, were present: The Rev. J. W. Spoke, president; the Rev. R. E. Turnipseed, secretary; the Rev. O. M. Baney, Henry Stokes, George B. Leonard, J. B. Harris, J. T. Medlock, George Goodgood, the Rev. W. H. Murray, four elders—the Rev. W. I. Herbert, Dr. M. L. Carlisle, Dr. R. E. Stackhouse and the Rev. T. C. Odell. A resolution was introduced by the secretary to adopt the dual budget system for a general financial plan for the whole conference.

SOUTH CAROLINA NEWS ITEMS.

Senator E. D. Smith of South Carolina, chairman of the senate committee on immigration, introduced in the senate a bill to regulate the immigration of aliens to and their residence in the United States.

South Carolina bankers will make a determined fight for the repeal of the law creating the state tax commission at this session of the general assembly. The law providing for the commission was enacted at the last session.

Gov. Manning has been invited to deliver an address at the annual meeting of the Maryland civil service commission in Baltimore in March. The governor has the invitation under advisement.

Columbia has been definitely assured that construction on her new post-office building will be begun next summer.

The Rev. Hugh R. Murchison of Lancaster has accepted an invitation to deliver a course of lectures at Columbia Seminary next month on "The Viewpoint of the Illiterate White Man of the South."

UGH! CALOMEL MAKES YOU SICK! CLEAN LIVER AND BOWELS MY WAY

Just Once! Try "Dodson's Liver Tone" When Bilious, Constipated, Headachy—Don't Lose a Day's Work.

Liven up your sluggish liver! Feel fine and cheerful; make your work a pleasure; be vigorous and full of ambition. But take no nasty, dangerous calomel, because it makes you sick and you may lose a day's work. Calomel is mercury or quicksilver, which causes necrosis of the bones. Calomel crashes into your bile like dynamite, breaking it up. That's when you feel that awful nausea and cramping.

Listen to me! If you want to enjoy the nicest, gentlest liver and bowel cleansing you ever experienced just take a spoonful of harmless Dodson's Liver Tone. Your druggist or dealer sells you a 50 cent bottle of Dodson's Liver Tone under my personal money-back guarantee that each spoonful will clean your sluggish liver better than a dose of nasty calomel and that it won't make you sick.

Dodson's Liver Tone is real liver medicine. You'll know it next morning, because you will wake up feeling fine, your liver will be working, your headache and dizziness gone, your stomach will be sweet and your bowels regular.

Dodson's Liver Tone is entirely vegetable, therefore harmless and cannot sallow. Give it to your children. Millions of people are using Dodson's Liver Tone instead of dangerous calomel now. Your druggist will tell you that the sale of calomel is almost stopped entirely here.

Business Man.
Despite his illiteracy, Mose Belt, a leading citizen of an Alabama town, has gathered quite a competency from his whitewashing and calclining trade.

Recently, during the course of some business with a notary, the latter produced a document, saying:

"Sign your name here, Mose."

"Look heah," said Mose, with offended dignity, "I doesn't sign mah name, suh. I'se a business man, an' has no time for dem trifling details. I always dictates mah name, suh."

"Really does" put bad stomachs in order—"really does" overcome indigestion, dyspepsia, gas, heartburn and sourness in five minutes—that—just that—makes Pape's Diapepsin the largest selling stomach regulator in the world. If what you eat ferments into stubborn lumps, you belch gas and eructate sour, undigested food and acid; head is dizzy and aches; breath foul; tongue coated; your insides filled with bile and indigestible waste, remember the moment "Pape's Diapepsin" comes in contact with the stomach all such distress vanishes. It's truly astonishing—almost marvelous, and the joy is its harmlessness.

A large fifty-cent case of Pape's Diapepsin will give you a hundred dollars' worth of satisfaction. It's worth its weight in gold to men and women who can't get their stomachs regulated. It belongs in your home—should always be kept handy in case of sick, sour, upset stomach during the day or at night. It's the quickest, surest and most harmless stomach doctor in the world.—Adv.

Citing an Exception.
Helny—But what is the use in arguing the matter. One can't get more out of a bottle than there is in it.

Omar—Oh, I don't know. I had a bottle containing a quart of liquor once, and I got a big head and a \$10 fine out of it the next morning.

To Drive Out Malaria
And Build Up The System
Take the Old Standard GROVE'S TASTELESS CHILL TONIC. You know what you are taking, as the formula is printed on every label, showing it is Quinine and Iron in a tasteless form. The Quinine drives out malaria, the Iron builds up the system. 50 cents.

A small boy knows more about his big sister in a minute than a young man can find out during a year's courtship.

Piles Relieved by First Application
And cured in 6 to 10 days by PAZO OINTMENT, the universal remedy for all forms of Piles. Druggists refund money if it fails. 50c.

It is easy to get around anyone you can manage to see through.

DO YOU GET UP WITH A LAME BACK?

Have You Rheumatism, Kidney, Liver or Bladder Trouble?

Pain or dull ache in the back is often evidence of kidney trouble. It is Nature's timely warning to show you that the track of health is not clear.

Danger Signals.
If these danger signals are unheeded more serious results may be expected; kidney trouble in its worst form may steal upon you.

Thousands of people have testified that the mild and immediate effect of Swamp-Root, the great kidney, liver and bladder remedy is soon realized—that it stands the highest for its remarkable curative effect in the most distressing cases. If you need a medicine, you should have the best.

Lame Back.
Lame back is only one of many symptoms of kidney trouble. Other symptoms showing that you may need Swamp-Root are, being subject to embarrassing and frequent bladder troubles day and night, irritation, sediment, etc.

Lack of control, smarting, uric acid, dizziness, indigestion, sleeplessness, nervousness, sometimes the heart acts badly, rheumatism, biting lack of ambition, may be loss of flesh, sallow complexion.

Prevalency of Kidney Disease.
Most people do not realize the alarming increase and remarkable prevalence of kidney disease. While kidney disorders are among the most common diseases that prevail, they are sometimes the last recognized by patients, who very often content themselves with doctoring the effects, while the original disease may constantly undermine the system.

Regular fifty-cent and one-dollar size bottles at all drug stores.

Don't make any mistake, but remember the name, Dr. Kilmer's Swamp-Root, and the address, Binghamton, N. Y., which you will find on every bottle.

SPECIAL NOTE.—You may obtain a sample size bottle of Swamp-Root by enclosing ten cents to Dr. Kilmer & Co., Binghamton, N. Y. This gives you the opportunity to prove the remarkable merit of this medicine. They will also send you a book of valuable information, containing many of the thousands of grateful letters received from men and women who say they found Swamp-Root to be just the remedy needed for kidney, liver and bladder troubles. The value and success of Swamp-Root are so well known that our readers are advised to send for a sample size bottle. Address Dr. Kilmer & Co., Binghamton, N. Y. When writing be sure and mention this paper.

back guarantee that each spoonful will clean your sluggish liver better than a dose of nasty calomel and that it won't make you sick.

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Pure Fiction.
"There is no romance left in this prosaic age." "No? Did you never hear Simpkins tell how popular he is with the ladies?"

Important to Mothers
Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of *Dr. J. C. Fletcher*. In Use For Over 30 Years. Children Cry for Fletcher's Castoria

Indulgent mothers are those who permit their children to annoy others.

Dr. Pierce's Pleasant Pellets are the original little liver pills put up 40 years ago. They regulate liver and bowels.—Adv.

Woman began her career as a rib; now she is the whole umbrella.

For Thrush and Foot Diseases

Antiseptic, Cleansing and Healing

Save Your Stock

HANFORD'S Balsam of Myrrh

For Galls, Warts, Cuts, Lameness, Strains, Bunches, Thrush, Old Sores, Nail Wounds, Foot Rot, Fistula, Bleeding, Etc., Etc. Made Since 1846. Ask Anybody About It. Price 25c, 50c and \$1.00. OR WRITE All Dealers & C. Hanford Mfg. Co. SYRACUSE, N. Y.

Seeds and Plants

Over 100 Acres Frost Proof Cabbage Plants

of the HIGHEST QUALITY. GUARANTEED to give satisfaction. Prices, express collect, \$1.00 per 1,000; \$5c a 1,000 for 5,000 or more. Varieties: Jersey Wakefield, Charleston Wakefield, Early Spring, Early Flat Dutch, Late Flat Dutch, Early Succession, Late Succession, Best, Late and Onion plants \$1.50 per 1,000. All plants by mail 25c per 100. For a profitable crop buy your plants from ALFRED JOUANNET, Mt. Pleasant, S. C.

FOR SALE

Nancy Hall, Porto Rico Yam, Dooley Yam and Triumph Potato Plants, shipment after March the first. Quote \$1.50 per 1,000 plants or at \$1.40 per 1,000 lots or more. Write or wire. T. B. HAWKINS, Prop., Enterprise Plant Farm, FLEMING CITY, FLA.

GENUINE SEEDS

Yellow Mammoth Soja Beans \$2 a bushel, Early Green \$3.50. 1 Male Chester White \$25. Pure Toulouse Grease, pair \$5. S. W. WOOLLEY, ROUTE 2, BOX 54, Creswell, North Carolina

Mitchell's Early Double Prolific Cotton seedling boot-weevil insects, disease, frost and unfavorable seasons with greatest profit and yields on record. The profit from 100 lbs. seed \$5. Sugar Loaf Farm, Youngsville, N. C.

W. N. U., CHARLOTTE, NO. 3-1916.